

Fletching Primay School

Virtual Sports Week

29th June - 3rd July

When you complete an activity you record your score in the correct box on the scoring sheet. You need to complete at least 8 of the activities during the week!

We would love to see pictures and videos of you completing the activities!

Please send them to Class Dojos

Good luck and we hope you have fun!

- Sports week will take place through the week commencing 29/06/2020.
- Each day, your child will have 2 activities to complete.
- It is incredibly important to provide our children with the opportunity to take part in a sports day annually. As this is unfortunately not an option this year we have decided to run a virtual sports week of different events at home.

WHAT:

- We recommend that you complete 2 activities each day; they will be fun and active. We have planned activities that require minimal resources; hopefully you can use regular household items to help you. In preparation, one activity requires water balloons (not many) but there are alternative options if you can't get hold of any.
- Once you have recorded the score for both activities on that day, you need to fill in the scoring sheet.
- On Friday 3rd July it would be fantastic if you could take a picture of you showing your scores for each.

SCORING SYSTEM:

- The ultimate aim of sports week is to have fun whilst taking part in physical activity. The points system is as follows:
 - 5 points for completing an activity.
 - 1 point per catch/circuit/second/length- so make sure you are counting how many of each you do.
 - An extra 10 points if you complete every activity.
- See if you can work out how many points you have scored during the week.